

# *tear cocktail*

red eyes, snotty nose guaranteed!

submitted by Alina Pahl

serves one, a couple, or a group

**ingredients:**

H<sub>2</sub>O  
salt  
cell stimulating hormones  
calcium  
potassium  
manganese (for the nice salty taste)

**optional ingredients:** emotions, anger, calmness, fear, confidence, joy, sorrow, pity, envy, elation, pain, pride, shame, stress, relaxation, happiness, hope, guilt, desire, sadness, appreciation, respect, love.

**directions:** throw it all in the mind and heart blender, press the power button to let it go and flow (don't under any circumstance prevent the consequential reaction).

with regular consumption the tear cocktail reduces harmful pollutants, stress, and depression while also preventing illness and relaxing muscle tension. It can smooth out conflicts and ease anger and alleviate pain as effectively as morphine.

**positive side effect:** eye cleansing.

*enjoy*  
💧

